

MODULE DESCRIPTOR

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| MODULE TITLE | Population Nutrition | | |
| Module Code | 44-7985-00S | | |
| Level | 7 | | |
| Credit Points | 15 | | |
| Indicative Assessment Components & Percentage Weightings | Coursework 50% Examination 50% | | |
| Pre-Requisite Modules (if applicable) | None | | |
| Delivered according to Standard Academic Calendar | Long: 2 semesters | Short: 1 semester | Other delivery pattern: |
| YES | NO | YES | None |

1 MODULE AIMS

These are the aims of the module to:

1. To allow you to develop proficiency in using a range of dietary assessment and nutritional analysis methods;
2. To enable you to employ epidemiological principles in understanding nutrition and public health related policy; and
3. To foster essential skills in working collaboratively in order to achieve a common goal.

2 LEARNING OUTCOMES

By the end of the module you will be able to:

1. critically analyse the epidemiological evidence relating diet to existing and emerging patterns of health and disease;
2. appreciate the economic, social, ethnic, gender-based and behavioural factors that determine and influence policy making in relation to public health and nutrition;
3. evaluate and demonstrate a competency in utilising accepted methods of dietary and nutritional assessment;
4. work effectively and collaboratively to identify goals and individual responsibilities in order to carry out a relevant task and evaluate performance in relation to this process; and
5. prepare, process, interpret and present information using a variety of formats including CIT in accordance with standard academic conventions.

3 INDICATIVE LEARNING, TEACHING AND ASSESSMENT ACTIVITIES

The learning and teaching strategy is designed to promote a student centred approach to the acquisition of specialist knowledge through keynote lectures and seminars. Via the team-based public health related task students will learn how to work effectively in collaboration with each other, evaluating their own achievements and performance.

The principles and concepts of population nutrition will be delivered through a mix of lectures and seminars and will be supported by open learning (detailed below). Students are expected to participate in supported open learning throughout the module. Supported open learning includes the reading of key texts, journal articles and additional paper-based materials.

The module will make use of a range of materials. Typically, students will have access to:

- A module "booklet" containing the module outline, details of the programme of study, directed readings and assessments;
- ICT applications;

4 INDICATIVE MODULE CONTENTS / TOPICS

- Dietary and nutritional assessment methods.
- The derivation, purpose and appropriate utilisation of dietary reference values and affiliated reference data.
- Economic, social, ethnic, gender-based and behavioural factors affecting food production, supply, choice and consumption.
- Methods for interpreting epidemiological evidence relating diet and nutrition to health and disease.
- Linking evidence and action in public health policy and nutrition.

FURTHER INFORMATION ABOUT THIS MODULE

- **FURTHER / ADDITIONAL INFORMATION IS AVAILABLE TO SUPPORT THIS MODULE, INCLUDING ASSESSMENT CRITERIA DETAILING HOW YOUR PERFORMANCE IN THE MODULE WILL BE MEASURED, HOW YOU WILL RECEIVE FEEDBACK, DETAILS OF LEARNING RESOURCES AND KEY READINGS**
- **THIS INFORMATION CAN BE FOUND IN:**
 - Module Handbook
 - Module Blackboard site
- **NOTE THAT THIS ADDITIONAL INFORMATION MAY BE SUBJECT TO CHANGE FROM YEAR TO YEAR**